

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 2026 January 2026				Happy Birthday Marlene & Amara 9:45 Balance Exercise 10:30 Daily Chronicles (Bistro) 2:30 Neapolitan Ice Cream (Ice Cream Parlor)	9:45 Body Ball Basics 10:30 Daily Chronicles (Bistro) 2:30 Social Hour (Bistro)	Happy Birthday Donna S. 10:30 Coffee & Friends (Bistro) 2:00 BINGO (Center) 3:00 DIY Art Projects (Art Room, 3rd Floor) 3:00 Rummikub (Bistro)
10:30 Coffee & Friends (Bistro) 11:00 Gospel Hymns with Valeri (Center) 2:00 DIY Art Projects (Art Room, 3rd Floor) 3:30 Rummikub (Bistro)	9:45 SIT & BE FIT 10:30 Daily Chronicles (Bistro) 1:30 Jake's Bible Study (Activity Room MC) 2:30 Movie Dan In Real Life Disney (Theater on the 3rd Floor)	9:45 Stretch & Flex 10:30 Daily Chronicles (Bistro) 2:00 Reindeer Games (Memory Care)	Happy Birthday Elena, Dan O. & Jacob 9:45 Move Your Body 10:30 Daily Chronicles (Bistro) 11:00 Catholic Service (Activity Room MC) 2:00 Ladies & Men's Chat (Bistro) 3:00 Pastor Kirk (Activity Room MC)	9:45 Balance Exercise 10:30 Daily Chronicles (Bistro) 1:30 Music with Kevin Morgan (Activity Room MC) 2:30 Bingo in the Bistro	9:45 Body Ball Basics 10:30 Daily Chronicles (Bistro) 1:30 Music with Dave Wirtz (Activity Room MC) 2:30 Social Hour (Bistro) Enjoy a Drink with Taylor of Blue Stone Therapy	10:30 Coffee & Friends (Bistro) 2:00 BINGO (Center) 3:00 DIY Art Projects (Art Room, 3rd Floor) 3:00 Rummikub (Bistro)
10:30 Coffee & Friends 2:00 DIY Art Projects (Art Room, 3rd Floor) 3:00 Rummikub (Bistro)	10:30 Resident Meeting (Center) 11:00 Daily Chronicles (Bistro) Fareway Bus Leaves At 1:30 Please be ready to load at 1:15 3:00 Nail Salon (Bistro)	9:45 Stretch & Flex 10:30 Daily Chronicles (Bistro) 2:00 Michaela and Kids Color Me Creative (Bistro)	9:45 Move Your Body 10:30 Daily Chronicles (Bistro) 11:00 Catholic Service 2:00 Ladies & Men's Chat (Bistro) 3:00 Pastor Kirk (Activity Room MC)	Happy Birthday Mary Jane 9:45 Balance Exercise 10:30 Daily Chronicles (Bistro) 1:30 Music with Mags (Activity Room MC) 2:30 Birthday Sundaes (Ice Cream Parlor)	Happy Birthday Brandi 9:45 Body Ball Basics 10:30 Daily Chronicles (Bistro) 11:30 Lunch @ IHOP sign-up sheet in the lobby 2:30 Social Hour (Bistro) Enjoy a Drink with Friends	Happy Birthday Marian S. Mary G. 10:30 Coffee & Friends (Bistro) 2:00 BINGO (Center) 3:00 DIY Art Projects (Art Room, 3rd Floor) 3:00 Rummikub (Bistro)
Happy Birthday Britaany & Marilyn S. 10:30 Coffee & Friends (Bistro) 11:00 Gospel Hymns with Valeri (Center) 2:00 DIY Art Projects (Art Room, 3rd Floor) 3:00 Rummikub (Bistro) Activity Professionals Week	9:45 SIT & BE FIT 10:30 Daily Chronicles (Bistro) 1:30 Jake's Bible Study (Activity Room MC)	9:45 Stretch & Flex 10:30 Daily Chronicles (Bistro) 1:00 Story: Clash of the Tysons (Bistro) 1:00 This Is My Story Exclusively for Our Veterans in Theater 2:00 Gnome Wall Hanger (Art Room 3rd Floor)	9:45 Move Your Body 10:30 Daily Chronicles (Bistro) 11:00 Catholic Service (Activity Room MC) 2:00 Ladies & Men's Chat (Bistro) 3:00 Pastor Kirk (Activity Room MC)	9:45 Balance Exercise 10:30 Daily Chronicles (Bistro) 1:30 Music: Damascus Road (Activity Room MC)	Happy Birthday Massiah 9:45 Body Ball Basics 10:30 Daily Chronicles (Bistro) 2:30 Social Hour (Bistro) Enjoy a Drink with Friends	Happy Birthday Pat M. 10:30 Coffee & Friends (Bistro) 2:00 BINGO (Center) 3:00 DIY Art Projects (Art Room, 3rd Floor) 3:00 Rummikub (Bistro)
10:30 Coffee & Friends (Bistro) 2:00 DIY Art Projects (Art Room, 3rd Floor) 3:00 Rummikub (Bistro)	Illuminate Counseling here today 9:45 SIT & BE FIT 10:30 Daily Chronicles (Bistro) Bus Leaves At 1:30 Please be ready to load at 1:15 Hy-Vee Drugstore: 3:00 Nail Salon (Bistro)	Happy Birthday Eleanor R. 9:45 Stretch & Flex 10:30 Daily Chronicles (Bistro) 1:30 La La Ladies (Lobby) 2:30 ACTIVITY AUCTION (Bistro)	9:45 Move Your Body 10:30 Daily Chronicles (Bistro) 11:00 Catholic Service 2:00 Ladies & Men's Chat (Bistro/Lobby) 3:00 Pastor Kirk (Activity Room MC)	9:45 Balance Exercise 10:30 Daily Chronicles (Bistro) 1:30 Music with Wild Bill (Activity Room MC)	9:45 Body Ball Basics 10:30 Daily Chronicles (Bistro) 2:30 Social Hour (Bistro) Enjoy a Drink with Friends	10:30 Coffee & Friends (Bistro) 2:00 BINGO (Center) 3:00 DIY Art Projects (Art Room, 3rd Floor) 3:00 Rummikub (Bistro)